



# *The Parishioner*

St Mary's Parish, Nelson  
1st Sunday of Lent - 10 February 2008

## WHAT ABOUT "GIVING UP SOMETHING" FOR LENT?

When many of us were children, we might remember our giving up candy for Lent. And, it seemed like a real sacrifice. As we grew up, it was often more difficult to decide what special thing to do, to make Lent a special season - to get our attention and to prepare ourselves for deeper sacrifices.

What would help me grow in freedom? That's the question to ask.

For some of us, it could be, committing ourselves to give up judging others, every single day of Lent. For others, it could be giving up a bad habit we've developed. For still others, it is obvious what seems to be the important choice for me during Lent.



For many of us, the choice may not be to give something up, but to add something to our daily lives during Lent. We may commit ourselves to extra prayer time. We may decide to do some service to the poor, once a week during Lent. We may choose to increase our alms-giving to the poor - perhaps related to something we choose not to do, e.g., some might choose not to go out to eat one night a week, and to give that total amount to the poor.

Whether it is fasting, abstaining or other acts of penance, the whole desire we should have is to use these means to help us grow closer to

our Lord and prepare ourselves "to celebrate the paschal mystery with minds and hearts renewed." (First Preface of Lent)

*"Taken from the [Praying Lent](http://www.creighton.edu/CollaborativeMinistry/online.html) pages of Creighton University's [Online Ministries](http://www.creighton.edu/CollaborativeMinistry/online.html) website:*

## **NANNY REQUIRED**

Warm, friendly carer for three lovely children, 3-6pm.  
Some cooking. Driver's licence essential.

Ph Alistair 021 245 4455



## **ACCOMMODATION WANTED**

by a 25-yr old Catholic woman (trainee primary school teacher) looking for a quiet place in Nelson for the next two years. Open to flatting, boarding or perhaps sharing a house with older person/couple. Refs available. Phone or text Katherine Pawson 021 232 1140 (happy to call back)

## **DOES ANYONE HAVE**

a tallboy or lowboy in good condition that they would like to donate to the Archives for storing old vestments ?

Please phone Diana Clark 548 9527

## **PLEASE PRAY FOR**

- **the sick**
- **pupils and staff at the start of the school year**
- **ourselves on the Lenten journey**
- **those preparing to enter the Church at Easter**
- **the recently deceased:** Shelley Kenning (dgtr of Molly Adams), Adam Palmer (grndsn of Mary Cairns), Muriel Delf (sr of Fr Edmund), Teresa Taunt (sr of Fr Lou), Robin Topp, Liam Fox (Ire), Sr Mary Joseph O'Connell RNDM, John Huddlestone
- **those whose anniversaries are near:** Betty Rodgers, Giovanni (John) Monopoli, Freda Silke, Edith Wilson, Alan Morrison, John Walker, Agnes Walker, Gordon Willis
- **deceased parish family members:** Pauline Rathbun, Giuseppe and Teresa Albano, Tony Amitrano Aniello and Josephine Esposito

*Celebrating*



Prayerful congratulations to  
**PADDY AND MELVA SMITH**

on their

**DIAMOND WEDDING ANNIVERSARY**

Paddy and Melva (née Quirk)

were married in our church

on 9 February 1948 before Fr J A Cahill SM

Celebrate Valentine's Day

by celebrating Marriage.

All couples are invited to

**VALENTINE'S DAY MASS**

7.00pm - THIS Thursday 14 February

Followed by a glass of bubbly.



**ATTENTION**

**ALL PARISH GROUPS...**

Please provide the Parish Secretary with updated details of your meeting times and contact person's details for the new DIRECTORY due out now.

And please contact Nicky Sowry 547 8278 or Patrick Cronin 5482524 to get your organisation on the roster for a month in which you have use of part of the PORCH NOTICEBOARD to advertise/promote your goals, ideals, meetings, dates etc etc

**NOTICES FOR**

**NEXT SUNDAY'S PARISHIONER**

to be in to the Parish Office BY 2.00pm TUESDAY

please as Helen is away for a week

starting Wednesday

## **SOCIAL JUSTICE HUI**

Richmond, Saturday March 1, 10.30am - 3 pm

For all involved in social justice and for all the Church – as 'social justice is at the heart of the Gospel' (Synod, 2006). Please come to share with others from the South Island parishes – a great opportunity to reflect, dream, be energized for action. More detailed information to follow!

JPD Office, 04 496 1701, m.hepburn@wn.catholic.org.nz

## **WANTED**

Good second-hand single or double beds. Not wire-wove or bunk beds please. Phone St Vincent de Paul Centre 548 3972. Driver may be available to pick up.



## **ATTENTION ALL PARENTS OF YR 4 AND ABOVE CHILDREN**

who have not yet received one or more of the sacraments of Confirmation, Eucharist or Reconciliation.

This year's preparation programme starts with a **Parents meeting** at 7.30pm in the Presbytery TOMORROW Mon 11 Feb and then the **Children's session** at 9.00am in the Parish Centre and 10.00am Mass NEXT SUNDAY 17 Feb.

Please ring Linda Bunt 548 3404 for more info or to put an apology in for the Parents' meeting.

## **SIX NEW BABIES NEED TRANSPORT**

There are four women currently pregnant and two who have just delivered among the former refugees currently settling into Nelson. Are you able to donate or loan car seats for these precious additions to our community? Barbara Whittaker (ph 548 4978) - Refugee Resettlement social worker - would love to hear from you.



**ST VINCENT DE PAUL**  
meeting - 1.30pm - Parish Centre - THIS Tue

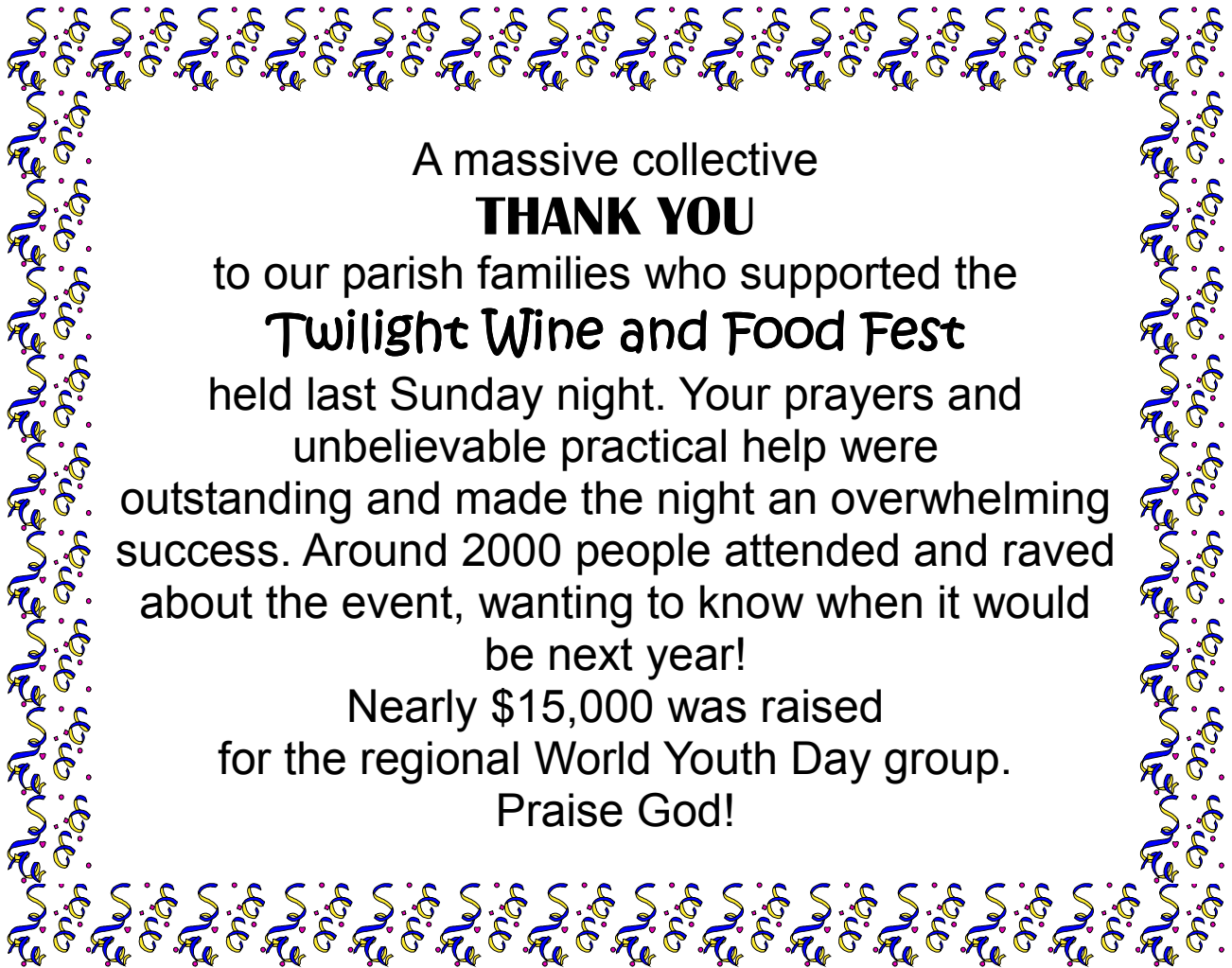
**"PATHWAYS OF ST PAUL" PILGRIMAGE**

to Greece and Turkey in August 2008 to be escorted by Fr Paul Shannahan, SM, and NZ Catholic founding editor Pat McCarthy. The 17-day itinerary will also include Gallipoli. For more information, please contact Pat McCarthy, NZ Catholic, PO Box 147000, Ponsonby, Auckland 1144 (or email [contact@nzcatholic.org.nz](mailto:contact@nzcatholic.org.nz))

**UNIQUE ROSARIES, GIFTS ETC FOR SALE**

See display in the foyer.

Phone Elizabeth 546 6469 or Stephanie 547 4544.



A massive collective

**THANK YOU**

to our parish families who supported the  
**Twilight Wine and Food Fest**  
held last Sunday night. Your prayers and  
unbelievable practical help were  
outstanding and made the night an overwhelming  
success. Around 2000 people attended and raved  
about the event, wanting to know when it would  
be next year!

Nearly \$15,000 was raised  
for the regional World Youth Day group.

Praise God!

# **JOURNEYING TO EASTER**

## **ADDITION TO MASS TIMETABLE**

during Lent

7.00am Mass on Wednesdays

## **MORNING PRAYER OF THE CHURCH**

is prayed each Lenten weekday morning at 9.00am in the church. Come and be part of the prayer which the Church around the world prays continually throughout the day. To allow parish staff to enter the 'retreat' aspect of Lent the Parish Office is effectively closed while morning prayer is on.



## **LENTEN FASTING**

What does it mean to "fast"?

To fast is to do without food. Its purpose is to experience the effects of not eating. It also serves to be a penance or a sacrifice - for the purpose of strengthening us. When we don't eat, for even a little while, we get hungry. When we get hungry, we have a heightened sense of awareness. If, when we eat too much, we have a sluggish feeling, when we fast, we have a feeling of alertness.

Fasting is a wonderful exercise whenever we want to sincerely ask for an important grace from God. It is not that our fasting "earns" God's attention, but by fasting, we clarify our thinking and our feeling. It is purifying and prepares us to pray more deeply.

When do I fast?

Catholics, as a group, are required to fast on only two days - Ash Wednesday and Good Friday. On these days,

fasting means something very specific and limited. It means that one eats only one full meal in a day, with no food in-between meals. The two other meals, if one eats three meals a day, should not total one full meal. One might fast in a more complete way, i.e., eating only a portion of a single meal.

Of course, anyone is free to fast at any time that is helpful for their prayer and reflection. It is not recommended that anyone with impaired health should fast in any way. It is also important to note that everyone who fasts should drink enough fluids on a fast day.

Taken from the *Praying Lent* pages of Creighton University's *Online Ministries* website: [www.creighton.edu/CollaborativeMinistry/online.html](http://www.creighton.edu/CollaborativeMinistry/online.html). Used with Permission.

## LENTEN EATING !



Save yourself the time of preparing for tea on Lenten Friday nights. Starting NEXT Friday 15 February, come and enjoy a fellowship meal in the hall at 6.00pm before the 7.30pm Stations of the Cross. It will cost you a little but the opportunity for community building and prayer is great. See you there.

## CARITAS LENT APPEAL

Thank you to all those who remembered to bring your envelope to Mass this week. If any family doesn't have an envelope pack, there are some still available in the porch.

*Holy Spirit, as you led Jesus into the wilderness after his baptism, so you constantly draw us to face the reality of the world and our lives. Fill us with the power to be God's people. Amen*



**PARISH CLERGY**  
**PRESBYTERY**  
**(incl PARISH OFFICE)**  
**PARISH SECRETARY**  
**PARISH WEBSITE**  
**PARISH CONTACTS**

Fr Raymond Soriano (PP), Fr Lou Leuthard  
 195 Collingwood Street, Nelson Ph: (03)546 8442  
 E.mail: nelson.stmarys@paradise.net.nz Fax: (03)548 1951  
 Helen Coleman Mon/Tue, Thur/Fri 9.00am - 3.00pm  
 www.stmarysnelson.org.nz

**ST VINCENT DE PAUL** Shop: 77 Vanguard St; 548 9372  
 Mon - Fri: 10.00am-3.30pm; Sat 10.00am - 1.00pm  
**ST JOSEPH'S SCHOOL** Principal: Mike Burton 548 4050  
**GARIN COLLEGE** Principal: John Boyce 543 9488

**REGULAR PARISH SERVICES**

**RECONCILIATION** After Saturday 10am Mass or by Appointment Ph 546 8442  
**ROSARY** Before Tues - Thurs 12.05pm and after Sat 10.00am Masses  
**EXPOSITION** Fridays: 11am - noon; Second Sunday each month: 4 - 5pm

**THIS WEEK'S MASS TIMES AND READINGS**

*(except where a Requiem replaces the Mass of the Day)*

**Mon - 12.05pm - Our Lady of Lourdes** - Lv 19: 1-2. 11-18/ Ps 19: 8. 9. 10. 15/ Mt 25: 31-46  
**Tue - 12.05pm** - Is 55: 10-11/ Ps 34: 4-5. 6-7. 16-17. 18-19/ Mt 6: 7-15  
**Wed - 7.00am, 12.05pm** - Jon 3: 1-10/ Ps 51: 3-4. 12-13. 18-19/ Lk 11: 29-32  
**Thu - 12.05pm - Cyril and Methodius** - Est C: 12, 14-16, 23-25/ Ps 138: 1-3,7c-8/Mt 7:7-12  
**Fri - 12.05pm** - Ez 18: 21-28/ Ps 130: 1-2. 3-4. 5-7a. 7bc-8/ Mt 5: 20-26  
**Sat - 10.00am** - Dt 26: 16-19/ Ps 119: 1-2. 4-5. 7-8/ Mt 5: 43-48

**Sat (Vigil) - 6.00pm**

**Sun - 8.30am, 10.00am SECOND SUNDAY OF LENT**

**Gn 12: 1-4a/ Ps 33: 4-5. 18-19. 20. 22/ 2 Tm 1: 8b-10/ Mt 17: 1-9**

<b>ROSTERS</b>			
<b>Counter</b>	Jill Scott	<b>Gifted last wk</b> (excl APs): Hse - \$499 Parish - \$999	
<b>Vacuuming</b>	11-16 Feb	L Del Favero, R Brown	
<b>16-17/2/08</b>	<b>Sat (Vigil) - 6.00pm</b>	<b>8.30am</b>	<b>10.00</b>
<b>Music</b>			
<b>Greeters</b>	J Persico, I Sowman	J Kelly, L Del Favero	M Musso, B Gargiulo
<b>Readers</b>	McDowall, Newman	P Maplesden, G Dunning	S Gunn, A McAlpine
<b>Ministers of the Eucharist</b>	M Cameron, A Monti, A Bakulich, P Cronin, A McBride	R Blackwell, G Wratt, McAlpine, Pike, Speers - <i>All CS</i> ; P McBride- <i>Hosp</i>	J McInerney, A & M Achterberg, K Cleary, S Hunt